



Elementary Social Skills Group



Does your child have difficulty making and maintaining friends? Is he shy or slow to warm up to people? Has your child been diagnosed with Asperger's, AD/HD or ODD? Does she often get into arguments with other children or with adults? Does your child have difficulty cooperating with the teacher during classroom activities? Is he socially awkward, or does he have trouble "reading" social cues? **Some children need a little help learning social skills!**

Through a series of games, role-play, worksheets, videos, and projects, your child will enhance social skills and develop essential life strategies such as:

- Greeting people, joining a group, and making conversation
- Becoming a good listener
- Nonverbal communication and body language
- Good sportsmanship and teamwork
- Using self-control and anger management
- How to handle being teased
- How to handle children that brag
- Encouraging positive actions and giving compliments
- Performing nice gestures — They're addictive!
- Fostering positive traits like patience and honesty
- Apologizing quickly and sincerely
- Treating others with respect
- Not talking about others behind their backs
- Creating her own identity and encouraging self-improvement
- Feeling good about himself and improving his mood
- Positive thinking — Seeing the glass as "half-full," not "half-empty"
- Not letting the "little things" bring her down
- Not being a complainer
- Using manners and polite words
- Recognizing strengths and admitting weaknesses
- Mindfulness and relaxation
- Accomplishing goals
- Becoming a peacemaker



When: Thursdays from 6:00pm–7:15pm, for 8 weeks starting February 15th

Where: [The Office of Wynns Family Psychology](#)

130 Preston Executive Drive, Suite 202, Cary, NC 27513

Leader: [Dr. Jessica Barry](#)

Ages: Children ages 6–10

Fee: \$75 per week or \$550 for paying for all eight sessions in advance. (Most insurance plans will reimburse a percentage of these fees. We can help file for insurance reimbursement.) A \$75 deposit is required to reserve a spot. A small snack may sometimes be offered. **Please let us know of any food allergies in advance. 10% discount for repeat members.**

Register: Call 919-467-7777 or email Info@WynnsFamilyPsychology.com.

Visit WynnsFamilyPsychology.com to learn more about the practice or the [group leader](#).

Space is Limited So Call or [Email Now](#) to Reserve Your Spot!

Wynns Family Psychology Social Skills Groups in the News:

- [Social Skills Camps: Raleigh Parenting Examiner Article](#)
- [New Lesson for NC Classrooms: Teaching Social Skills Article and Audio Segment](#)
- [Is Your Child Dealing with a Bully?: My Carolina Today Video Segment](#)