



## “Social Sprouts” Group for Young Children



Does your preschooler or kindergartner have difficulty making and keeping friends? Would she benefit from recognizing social cues? Does your child need help expressing emotions appropriately? Has he been diagnosed with Social Anxiety Disorder, Asperger's Syndrome, Autism, or AD/HD? Or is she simply shy or socially awkward? Are there issues with your child's behavior being disruptive at home, school, or daycare? **Some children need a little extra help learning social skills!**

Through a series of lessons, activities, games, role-play, worksheets, and videos, your child will enhance his social skills and self-esteem. Our group will address the following topics:

### Conversational Skills:

- Greeting people
- Starting, maintaining, and ending conversations
- Listening
- Showing interest in other people
- Asking relevant questions

### Getting Along with Friends and Peers:

- Taking turns and sharing
- Learning to wait
- How to handle being teased
- How to ask a peer to play
- Accepting criticism
- Giving compliments
- Good sportsmanship

### Emotional Regulation:

- Identifying and understanding emotions
- Using self-control
- Managing anger and worry
- Relaxation



### Understanding Social Skills:

- Keeping hands to oneself
- Saying hello
- Proper eye contact
- Personal space
- Speaking with an appropriate tone and volume

**When:** Mondays from 5:30pm–6:45pm, for 8 weeks starting February 13th

**Where:** [The Office of Wynns Family Psychology](#)  
130 Preston Executive Drive, Suite 202, Cary, NC 27513

**Leader:** [Dr. Laura Greene](#)

**Ages:** Children ages 4–7

**Fee:** \$75 per week or \$550 for paying for all eight sessions in advance. (Most insurance plans will reimburse a percentage of these fees. We can help file for insurance reimbursement.) A \$75 deposit is required to reserve a spot. A small snack may sometimes be offered. **Please let us know of any food allergies in advance. 10% discount for repeat members.**

**Register:** Call 919-467-7777 or email [Info@WynnsFamilyPsychology.com](mailto:Info@WynnsFamilyPsychology.com).

Visit [WynnsFamilyPsychology.com](http://WynnsFamilyPsychology.com) to learn more about the practice or the [group leader](#).

**Space is Limited So Call or [Email Now](#) to Reserve Your Spot!**

### Wynns Family Psychology Social Skills Groups in the News:

- [Social Skills Camps: Raleigh Parenting Examiner Article](#)
- [New Lesson for NC Classrooms: Teaching Social Skills Article and Audio Segment](#)
- [Is Your Child Dealing with a Bully?: My Carolina Today Video Segment](#)